

## **Organic Vegetable Gardening**

**Wednesday 22<sup>nd</sup> May 2019**

**10am - 3.30pm**

**with**

**Sue Mabberley at Nant-y-Bedd, Fforest Coal Pit, Abergavenny, NP7 7LY**

Growing, harvesting and eating your own veg is a joy! But it can be challenging and there are no right ways and wrong ways. This is a practical workshop where we share with you how we do things here at Nant-y-Bedd Garden at 1200 feet in the Black Mountains.

Working creatively with nature rather than battling against it, the way we grow organically values the soil and respects the environment whilst providing the best conditions we can for our veg plants to thrive.

We will begin the day with an indoor session with an overview of the principles of organic growing and some things we have learnt about no-dig growing and forest gardening.

Following a delicious home-made organic lunch, we will move into the garden for a tour of the vegetable growing areas so that we can see the theory put into practice.

### **Booking a place**

Places are limited to 10 to ensure maximum opportunity for discussion.

To book please phone Sue on 01873 890219 or e-mail [garden@nantybedd.com](mailto:garden@nantybedd.com)

**Cost £55**

(20% discount for RHS members)

### **The workshop will cover:**

- An overview of the key principles of organic growing and specifically:
- Encouraging beneficial wildlife
- Organic pest control
- Crop rotation
- Inter-planting
- Heritage varieties
- Perennial vegetables

### **Level of expertise required?**

The workshop will be equally suitable for novice or seasoned vegetable growers.

### **Bring with you**

Sensible shoes and outdoor wear.

### **Go away with**

Lots of ideas and enthusiasm and maybe some heritage vegetable seeds for you to try.

The course will be led by Sue Mabberley. Sue has a First Class Honours degree in Environmental Systems, has professionally devised and delivered practical environmental training courses and most importantly has grown veg organically at Nant-y-Bedd Garden for nearly 40 years. Sue has won many prizes for her garden including First Prize for the Most Productive Vegetable Garden at our local show for the past 2 years!

**[www.nantybedd.com](http://www.nantybedd.com)**